# Many senior living residences stand alone.

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We provide comprehensive support for current and future needs all on one campus, so our residents can live active lives and look forward to the future with peace of mind.

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January/February ~ 2018



May the NEW YEAR bring joy, peace and happiness to you and your entire family.

## WHAT'S INSIDE?

President's Message ~ Woodlawn Park
The Golden Ear ~ Woodlawn Preserve
Westside Story ~ Community Highlights
ECOS (Recycling) ~ Public Safety Info.
Senior Center News...and more

Woodlawn Neighborhood Meetings - 4th Wednesday of the month 7 PM @ Hibernian Hall (1748 State Street)



## \*\* FREE PUBLICATION \*\* Recycle ~ Share With Your Neighbors

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A Publication of

The Woodlawn Neighborhood Association www.woodlawnneighborhood.org

#### Where's The Newsletter?

Get your FREE copy of

The Woodlawn Connection

at the following locations:

Albany Street Sunoco
Beth Ann Kayser, CPA
Blue Ribbon Restaurant
Bumpy's Polar Freeze
Calvary Tabernacle Church
Camillo's Bistro
Fantastic Sam's
Gallo's Florist
G & M Auto
Grasso's Barber Shop
Griswold Funeral Home
H&V Collision Center
Hibernian Hall
King Cork
Kingsway Community

Lorenzo's Italian Cafe Lyle's Hoagies Marotta's Pizza Mavis Tire Ming's

Mohawk Progressive FCU New Life Ministries

**Plaines** 

St. Paul the Apostle Church Stanford United Methodist

Church Starbucks

Uncle Sam's Candy Woodlawn Library Woodlawn Park



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The Woodlawn Connection Newsletter is also available online at www.woodlawnneighborhood.org





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We are your Woodlawn service club, helping our Woodlawn neighbors and beyond. Won't you join us? Come anytime!



#### Schenectady East Rotary Club

Breakfast meetings on Wednesdays
7:30 - 8:30 AM
Ancient Order of Hibernians
1748 State Street Schenectady, NY 12304
374-8891

The object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise.



A co-ed, independent school preparing young people to be caring, knowledgeable, and active citizens of our increasingly complex world. Tour our school for Nursery through 10th grade and find out why our students love to learn at Brown!

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150 Corlaer Avenue 518-370-0366 www.brownschool.org



#### Warm Wishes this Holiday Season

A special "thank you" to the **Kingsway Community and staff** for once again hosting our annual Holiday Dinner. Special thanks to **Jean Barnowski** and **Chef Artie** for a great meal followed by holiday caroling to our many fine residents residing at Kingsway. To see the smiling faces and sing-a-long throughout the evening was most enjoyable. The only thing lacking was snow.

Speaking of snow or lack of, our hopes are we continue to lead by example and offer our senior neighbors your time in helping clear their sidewalks and driveways from that dreaded snowfall that is certainly on its way. It is always a nice way of saying "Welcome To Woodlawn".

Another "thank you" to the **Ladies Order of Ancient Hibernians** - **Schenectady** for hosting Breakfast with Santa on December 9<sup>th</sup>. Over 150 youth from the **SSCCORE Summer Camp** and family members enjoyed an all you can eat buffet along with a visit from Ol' St. Nick himself. **Toys For Tots, the Schenectady Fire Dept.** and the **Schenectady County Youth Bureau** were sponsors as well.







If you haven't stopped in the **Senior Center**, located at the Ancient Order of Hibernians Hall, you need to do so! "**The Center**" is open every Tuesday & Thursday from 10 AM - 2 PM. Home-cooked lunches are served from Noon - 1 PM. A suggested donation of \$3.00 is appreciated. **Membership is FREE!** Look in this newsletter for a schedule of activities, guest speakers and lunch menus they have lined up for January. For additional information, **contact SusanBeth Olsen at 518-598-2056.** 

Reminder, our association meetings are on the **fourth Wednesday of each month** starting at **7 PM**. Our meetings are held at the **Ancient Order of Hibernians Hall, 1748 State Street.** Our scheduled speakers for upcoming meetings will be Code Enforcement Director, Chris Lunn on **January 24**<sup>th</sup>. Police Chief Eric Clifford will be attending our **February 28**<sup>th</sup> meeting. Please "Save the Dates!"

If you have any questions or concerns, please feel free to contact me at home, 377-8810. I will make every attempt to return your call as soon as possible.

Ed Kosiur—President, Woodlawn Neighborhood Association

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#### The Golden Ear—By John Rose This Is A Gossip Column



The new Italian Restaurant coming to the old Ground Round is called Amelia's, after the owner's mother. The owner is Randy Loren, the former owner of Dolce Vita. I personally visited Randy, and they have gutted the inside of the building. They will have a stage and music. The outside is done and the new business plans to be open sometime after the first of the year. I can't wait for it to open! If you like real Italian food, give it a try. I am.

The new Senior Citizen Center draws about 50 people per day for lunch. If you haven't been there yet, give it a try. This terrific lunch is only \$3.00, provided if you sign up for the Senior Center. The food is cooked by the members of the Hibernians on State Street. The seniors meet every Tuesday and Thursday from 10am to 2pm at 1758 State Street. Lunch is at noon. Join them if you can.

Camilo's Bar and Restaurant has been sold to a group who plans to have music and dancing, plus food and drinks. Be sure to check them out when they open.

The new motor vehicle office is open on upper State Street and is packed everyday. Great decision by county officials to move it from downtown to this location.

The Woodlawn Neighborhood Association went Christmas Caroling at Kingsway Nursing Home. The residents joined in singing with us and we were very happy to participate in the fun evening.

With the snow coming, everyone should know they have to shovel their sidewalks. It's not only a safety feature, but it's a neighborly thing to do so people don't fall trying to get to your house.

Happy New Year everyone!

That's it for now folks, and I'll be listening.

John Rose



Phone/Fax-518-372-4070

#### WOODLAWN – The West Side Story By Marcel

Recently, I've had the opportunity to do some cardio medical research. To my surprise, I found that our own Ellis hospital's cardiothoracic team has received the highest award from the Society of Thoracic Surgeons.

#### According to Ellis's October 6, 2017 news release:

"The STS star rating system is one of the most sophisticated and highly regarded overall measures of quality in health care, rating the benchmarked outcomes of cardiothoracic surgery programs in the United States and Canada. The star rating is calculated using a combination of quality measures for specific procedures performed by an STS Adult Cardiac Surgery Database participant. Historically, approximately 10%–15% of participants receive the three-star rating for isolated CABG (Coronary Artery Bypass Grafting) surgery. The latest analysis of data for CABG surgery covers a 1-year period, from January 2016 to December 2016, and includes more than 1,000 participants."

I'm told that neither Albany Med nor St. Peters was awarded three stars.

We are fortunate to have a quality medical unit in our backyard.

Till next time....

## Use the Citizen Request Tracker on the city's website to report your concerns

http://www.cityofschenectady.com/RequestTracker.aspx

Potholes...snowplowing...codes and housing concerns... sidewalks...nuisance...street lighting...garbage pickup... water/sewer issues...and much more.



The **Woodlawn Branch** of Schenectady Libraries 2 Sanford Street 518.386.2248

M: 10 am - 5 pm T-TH: 1 pm - 7 pm SAT: 1 pm - 5 pm Closed on Fridays & Sundays

To see what events are going on at this and other Schenectady public libraries, go to: http://www.eventkeeper.com/code/events.cfm?curOrg=SCNY







#### Welcome to the Schenectady Social Connection!

This newsletter will be the source of information along with the monthly calendar that will be published to keep you informed of the happenings at the Schenectady Senior Center!

We would like you to know that each Tuesday and Thursday, a hot lunch will be provided by the Ancient Order of Hibernians for a nominal fee of \$3. Joanne Langley, cook extraordinaire, will be preparing the menu on a monthly basis that will be published in the calendar for your viewing pleasure. There will also be informational and educational presentations from local organizations including MVP, NYS Police, Alzheimer's Association, NABA, Sunnyview Rehabilitation Hospital and many more; daily activities including a Fitness Class each Tuesday and Thursday designed from chair yoga suitable for all levels of wellness for a nominal charge of \$2; and several activities including Trivia, Crossword Puzzles, Hangman, Grab Bag Games, Literature Groups, structured card and board games as well as many opportunities to socialize and get to know your neighbors within the community!

We welcome the good fortune of many who are interested in volunteering to lead a group or run an activity. Suggestions are always welcome, and we are thrilled at the adventure of the center opening in the community. For more information call 518-598-2056.

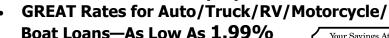
Sincerely,

SusanBeth Olsen Program Manager



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All are welcome.

Stop by or call to find out about opening your account today!



#### Woodlawn Neighborhood Association

#### MEETING SCHEDULE ~ 2018

#### **General Neighborhood Association meeting**

4th Wednesday of each month - 7 PM @ Hibernian Hall (1748 State Street) (No general meeting in August/December)

Woodlawn Park & Woodlawn Preserve committee meetings

4th Wednesday of each month - 6 PM @ Hibernian Hall (1748 State Street)

#### Officers:

President - Ed Kosiur (377-8810) Vice President - Lou Grasso (374-1623) Treasurer - Chad Putman (225-0957) Secretary - Rose Harrell (346-4665)

**District Vice Presidents:** 

East: Cole Denning (227-4085) West: Jim LaPointe (377-2092)

#### **Committee Chairpersons:**

Newsletter & Woodlawn Park - Spero Zoulas (331-0929)

Newsletter Ads - Cole Denning (227-4085)

Woodlawn Preserve - Janet Given (210-5439)

Social/Refreshment - Rita Figler

Welcoming - Camy Wyckoff (370-5311)

If you have any suggestions pertaining to any of these officers or committees, please call or mail suggestions to:

Woodlawn Neighborhood Association 2506 Albany Street, Schenectady, NY 12304

Go to *www.woodlawnneighborhood.org* to get the latest information on Woodlawn Meetings, Events & Happenings.



Public Safety Notice In case of emergency, call 911...

Officer Brad Carlton patrols Woodlawn from 4 pm to Midnight. Officer Brandon Kietlinski patrols during the day.

Please email non-emergency questions/concerns to Officer Carlton at bcarlton@schenectadypd.com

Non-Emergency phone calls: 630-0911

www.schenectadypd.com

Schenectady Police Department - 531 Liberty Street Schenectady, NY 12305 - (518) 382 - 5200

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#### Attend our School Board Meetings... Get involved in your child's school's PTO.

#### Learn more at:

http://www.schenectady.k12.ny.us/board of education

#### **Contacting the Board of Education**

Correspondence to board members can be directed to the clerk of the board as follows:

Martha Morris, Clerk of the Board Schenectady City School District

108 Education Drive; Schenectady, NY 12303

Phone: 518-370-8100 Ext. 40105

email: morrism@schenectady.k12.ny.us



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2506 Albany Street / Corner of Route 7 346-6775

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**Store Hours:** 

Tuesday - Saturday 7:30 AM - 12:00 PM





#### Power Up: Try Rechargeable Batteries

Batteries are everywhere. They make life easier when we can't be, or don't necessarily require, connection to the electrical grid. From the time we wake up until the time we go to bed, we use battery-operated items. These include toothbrushes, cars, cell phones, laptops, smoke

detectors, remotes, even hearing aids. Batteries are readily available too, so we don't think twice about buying them. Have you ever thought, however, about what happens to these batteries after they run out of charge?

According to Battery Solutions, a battery recycling business in Michigan, Americans toss about three billion batteries in the garbage each year (aka landfills). Depending on landfills' conditions, they may sit there for years (or forever), or decompose and contribute to leachate, the liquid that forms when decomposing material combines with water, potentially leading to soil and groundwater pollution. Battery leachate is dangerous to humans and the environment due to the heavy metal (i.e. cadmium, lead, and mercury) content of some batteries.

In any given day, we use or encounter single-use and/or rechargeable batteries. Typically, single-use (used until they run out of charge) batteries are classified as alkaline, lithium, silver oxide, and zinc-air batteries, which are used in devices such as clocks, smoke detectors and toys, and rechargeable (can be recharged after their original charge runs out) batteries are classified as Nickel Cadmium (Ni-Cd), Nickel Metal Hydride (Ni-MH), Lithium Ion (Li-Ion) and Small Sealed Lead (Pb) batteries, which are used in devices such as cell phones, digital cameras, and power tools.

#### How can you reduce your battery usage?

- 1. Decide how important it is to purchase battery-powered devices. Are they items you need to complete your daily activities, or is there something else you can do to satisfy your desire for these items?
- 2. Buy devices that run on rechargeable instead of single-use batteries. Research whether devices powered by single-use batteries can also run on rechargeable batteries.
- 3. Try to purchase rechargeable batteries, not single-use ones. Yes, they are more expensive initially, but their life cycle is longer, meaning they are cheaper in the long run. In addition, they can be recycled unlike single-use batteries. If you are unsure how to recycle a battery, ask the retailer, our recycling committee, or Google.

#### Did you know as of December 2011 it is illegal to dispose of rechargeable batteries as waste in New York State (NYS)?

Yes, you read that correctly. Rechargeable batteries must be recycled, though NOT in your single-stream recycling bin. They can be taken to any retailer that sells rechargeable batteries for up to ten per person (a sale is not required). If you find retailers in violation of this law, please call the NYS Department of Environmental Conservation at 518-357-2234 ext. 4. They more we enforce this law the easier it will be for everyone to recycle batteries.

#### What about single-use batteries? How do you recycle them?

Single-use batteries can safely be thrown in the trash. If you generate and/collect a large amount, however, there are private companies you can mail them to for recycling.

#### And, are car batteries recyclable?

Yes. Car batteries should be brought to stores that sell car batteries like Walmart, AutoZone, and Advance Auto Parts for recycling. While not included in the law mentioned above, their larger size and lead type is all the more reason to recycle instead of toss them in the trash.

Leslie Cutting, ECOS Recycling Committee Member

Interested in volunteering your time, talents, or ideas? Email us at <u>schenectadyrecycles@gmail.com</u>

#### NOTRE DAME-BISHOP GIBBONS SCHOOL

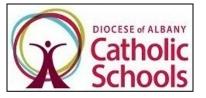
The 40 graduates from the class of 2016 earned \$8.9 million in Scholarships, Grants, and Awards



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www.nd-bg.org

## 8:00am - 2:00pm Call for an appointment



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#### Notable Days in January & February...

#### **January**

1<sup>st</sup> - New Year's Day 5<sup>th</sup> - National Bird Day 10<sup>th</sup> - Houseplant Appreciation Day 15<sup>th</sup> - MLK Day 25<sup>th</sup> - Opposite Day

#### **February**

2<sup>nd</sup> - Groundhog's Day 4<sup>th</sup> - Super Bowl Sunday 21<sup>st</sup> - President's Day 14<sup>th</sup> - Ash Wednesday/Valentines Day 16<sup>th</sup> - Chinese New Year (*It's* 4716!)





## REUSE CASE REDUCE RECYCLE

## 2018 WASTE COLLECTION DATES WOODLAWN

District #1
Woodlawn—Central Park

January 2, 9, 17, 24, 31 February 7, 14, 22 March 1, 8, 15, 22, 29 District #2
Crosstown to Brandywine

January 3, 10, 18, 25 February 1, 8, 15, 23 March 2, 9, 16, 23, 30

Download your district's full-year schedule at: cityofschenectady.com/531/Waste-Collection-Schedules







#### NEWSLETTER ADS & ARTICLES



IF YOU WOULD LIKE TO PLACE AN AD OR SUBMIT INFORMATION, PLEASE EMAIL:

Cwdenning@hotmail.com

Next deadline is February 20<sup>th</sup>, 2018

Call 518-227-4085 for more information



We are starting 2018 with great hope for the New Year. Our goals for this year are many, but with the help of the City of Schenectady and the Albany Pine Bush Preserve Commission we should be able to accomplish them.

As you may recall, the survey of the Schenectady Pine Barrens Preserve was completed with a \$50,000 carve-out from the year 2016. The carve out money allocated for the year 2017 will be used to develop and begin implementing a plan for trails and a habitat management strategy. This will require a contract (budget and plan) between the City and DEC. We may have to forego any further money from the 2018 budget until the 2017 allowance plan is approved and implemented.

The city of Schenectady wasn't able to get the jersey barriers in place in time for the winter, and as I reported in the November/December issue, the wetland mitigation project has been delayed into 2018 as well.

We are looking forward to our first meeting of 2018 to begin planning for upcoming events. There will be hikes, bird walks, educational walks led by the Albany Pine Bush, and of course our 4<sup>th</sup> Annual Fishing Day. Watch our Facebook page (Friends of the Woodlawn Preserve – Schenectady), the Woodlawn Neighborhood Association webpage (<a href="https://www.woodlawnneighborhood.org">www.woodlawnneighborhood.org</a>), or your email for further details. If you are not on our email list and would like to be, send your request to Friendswp@gmail.com.

And remember, if you see or hear of anything unusual going on in the Preserve, call the Schenectady Police non-emergency number at 518-630 -0911; or email non-emergency information or questions to **Patrolman Brad Carlton at bcarlton@schenectadypd.com**. The DEC can be reached at 1-877-457-5680 or call directly to our Region#4 reps Chris Valenti and Brian Wilson at 518-357-2047. DEC Forest Ranger **Dave Nally** has also been helpful and can be reached at <u>David.nally@dec.ny.gov</u>

Wishing you much health and happiness in 2018!

Janet Chen, Chair <u>FriendsWP@gmail.com</u> 518-210-5439



## Terry Van Valkenburgh Funeral Director

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DONATIONS ACCEPTED AT THE DOOR

#### Attend our

#### **Woodlawn Neighborhood Association Meetings**

"Neighborhood Progress Cannot Happen Without Your Involvement"

Meetings are held the 4th Wednesday of every month at Hibernian Hall (1748 State Street) beginning at 7 pm

#### HAM AND SCALLOPED POTATO DINNER

## ST. PAUL'S PARISH CENTER FRIDAY, JANUARY 19<sup>th</sup> ~ 4PM – 7PM

#### **MENU**

Ham and Scalloped Potatoes, Vegetable, Dessert, Beverages

#### Costs

Adults - \$12.00, Seniors with card - \$10.00 5 to 12 - \$8.00, Under 5 - Free

#### **Reservations Required**

#### Contacts:

Sue Mackey - 368-8520 (email - Suzanne.Mackey@gmail.com)
Joyce Makara - 374-2193
St. Paul's Parish - 377-8886

Checks payable to St. Paul's Men's Club

\*\* Take Out Available \*\*

All Proceeds will go to the St. Vincent de Paul Food Pantry

#### **Mystery Dinner Theater**

at The Hibernian Hall 1746 State St, Schenectady NY February 17, 2018 at 6:00pm

Sponsored by The Schenectady East Rotary

#### Tickets

\$40 per person (Price includes dinner & Show) RSVP by February, 10, 2018

#### Info & Reservations Suzanne Mackey

Call 518-368-8520

or email Suzanne.Mackey@gmail.com

#### Menu



Pork Tenderloin with a balsamic glaze

Mashed Sweet Potato

Dessert

#### THE ACME MYSTERY CO. LAUGHTER IN THE FIRST DEGREE



#### DEALUEL CRUISE CRUISE

Pack your mask, grab your party hat, and step aboard our venerable riverboat. The Mississippi Mistress, as we prepare to set sail down the "Big Muddy" for New Orleans and Mardi Gras! Woooo-hooo! The mighty Captain "Crawdaddy" Cretin will help you navigate the shoals, sand bars, (and wet bars), while Scooter, the Porter, and your Cruise Director, Lucy Belle Juniper, see to your comfort and entertainment. Watch out for the other passengers (They look pretty suspicious). Someone might not make it to the "Big Easy" alive.

#### Fantastic Fall Rake Day...Lots to be Thankful For!

Our Annual Fall Rake Day was a great success!! We had 38 volunteers who helped rake leaves, clear brush, store picnic tables, benches and grills, and price items already donated for our 2018 Garage Sale event in May. Hot cocoa, coffee, snacks and pizza was provided and lot of laughs and good vibes were had. Many thanks to our residents, the students from Union College, Schenectady Neighborhood Watch, and our local East Rotary for helping!

While the winter months forge ahead and we partake in the holiday festivities, our volunteers will begin to plan for next season beginning in January. We'll be laying the groundwork for some 2018 projects and events. If you would like to join our committee or learn more, please contact us through facebook, our email or phone - see below.













We hope with 2018 on the horizon that you find peace and prosperity for you and your loved ones. Many thanks for your continued support of our redevelopment efforts. As we gear back up for next season, please continue your support of Woodlawn Park...We're accepting donations of household items all year round for our annual garage sale event in May. Have any extra basketballs, footballs, volleyballs, or other sporting items? Donate to replenish our "Have-A-Ball" bins for next Spring. Want to help with our Adopt-A-Park initiative in 2018? Sign up for one of the months. And of course...we are always welcoming of new members to join our committee and volunteer efforts. Message us on our facebook page, email WoodlawnPark411@gmail.com or call 518-331-0929 to offer your support.

Once again...thank you so much for your continued support,
Spero Zoulas - Chair of Woodlawn Park Redevelopment Committee

f

/WoodlawnParkSNY

#### Activities for January 2018

Tuesday	Wednesday	Thursday
2 10:30 am Hangman/Dominos 11:00 Chair Yoga/Crossword Puzzle 12:00 pm Lunch 1:00 pm Cards/Board Games/Wii Bowling	Fre	10:30 am Board Games/ Puzzles 11:00 am Rummikub/ Dominos/Chair Yoga 12:00 pm Lunch 1:00 pm Sunnyview Presentation
9 10:30 am Hangman/Dominos 11:00 Chair Yoga/Pokeno 12:00 pm Lunch 1:00 pm Cards/Grab Bag Game	10 <b>1</b> 0	11 10:30 am Hospice Presentation 11:00 am Rummikub/BINGO 12:00 pm Lunch 1:00 pm Hangman/Puzzles/ Chair Yoga
16 10:30 am Cards/Dominos/ Puzzles 11:00 am Chair Yoga/ Walmart Vision 12:00 pm Lunch 12:45 pm Nutrition Presentation	emb	18 10:30 am Rummikub/ Hangman 11:00 am Chair Yoga/Board Games 12:00 pm Lunch 1:00 pm Puzzles/Cards/ Dominos
10:30 am Physical Therapy Presentation 11:00 am Puzzles/Cards 12:00 pm Lunch 1:00 pm Chair Yoga/Trivia		25 10:30 am Cards/Alphabet Game/Dominos 11:00 am Chair Yoga 12:00 pm Lunch 1:00 pm Wii Bowling/Puzzles/ Board Games
30 10:30 am Cards/BINGO 10:30 am Blood Pressure Clinic/Puzzles 12:00 pm Lunch 1:00 Crossword Puzzles/ Rummikub	31	For more information: SusanBeth Olsen 518-598-2056



## JOIN OUR **HOLIDAY GIVING** CAMPAIGN

November 28-December 18, 2017

#### Ways to Give

- Donate an unwrapped gift from our wish list
- Shop from home from our Amazon wish list
- · Buy a gift card
- Make a monetary donation
- Display a donation box at your work, business, or school

www.northernrivers.org/holiday-giving

## Join our team!



Interested in being a mentor and making a difference in the lives of youth? Consider a career with us!

We are hiring for the following positions:

- Resident Counselors
- Teacher Assistants
- Early Head Start Teachers
- Nurses (LPNs and RNs)
- Bus Drivers
- Clinicians

For more information, visit our website: <a href="www.northernrivers.org/careers">www.northernrivers.org/careers</a>.

Changing lives including yours!